SPORT IS IN OUR NATURE **CNEBLUETEAM DECATHLON UNITED MEDIA**







корож

KORO

1 20. Mar.



TRADITION & NNOVATION

PASSIONATE PEOPLE PLAY FIELD HOCKEY ALL OVER THE WORLD, SOMETIMES A BIT HIDDEN AWAY. THIS SPORT IS DEEPLY LINKED TO TRADITION AND HAS A VERY MODERN IMAGE THANKS TO ITS TECHNICAL NATURE. IT WILL BE PRESENT AT THE OLYMPIC GAMES IN TOKYO. LET'S DISCOVER THIS SPORT FOR ALL AND ITS **"FAMILY SPIRIT"**! ON THE PODIUM AM©NGST THE WORLD'S BEST SPORT

he third most popular sport in the world is field hockey! Surprising news? With thousands and thousands of players, field hockey is one of the most popular collective sports. Just after soccer, and basketball. With a very large worldwide community of passionate fans. Important point: There are just as many women as men practising this sport. *Equity, liberty, equality!*

hy is field hockey so popular? It has quite a long history, first : it is one of the most ancient ball games with Lacrosse. The very first field hockey clubs were created in 1851, in Great Britain, field hockey became a sport in the fullest sense of the word. Field hockey spread like wildfire across the British Empire... In almost every part of the world. In 1908, it became an Olympic sport. Back then, England, not Great Britain, became field hockey champions! In 2021, the rules evolved but field hockey kept its **spirit of fair-play** and its sense as a collective sport. During each game Selfpass, flick, PC and the *"no offside rules"* offer great qualities for a great show. With both traditional and contemporary style and values, field hockey has become a TV star: **family spirit, social inclusion and equality.** Alongside, the equipment has evolved. As we can see with the recent fusion of the two brands **KOROK** and **DITA**.

e hope for the best inTokyo 2021. The British Women will have to fight and keep their Olympic title. The Men's champions are Argentina, they will face fierce competition from Belgium, the Netherlands and Australia. Many of these champions have a partnership with KOROK or DITA. Let's follow those players who bring the highest values to field hockey with their diverse background and spirit of excellence.





Did You Know...?

Field Hockey finds its origins 2000 years before Christ in Egypt, and ancient Greece. The first official field hockey team was created at the end of the 19th century, in the South-East of London, Blackheath Hockey Club. The french term *"hocquet"* means *"crook"* as the shepherd's crook. Since 1908, field hockey has become an Olympic game. Since 1920, women have competed at the Olympics.

Equity, liberty, equality!



 \bigcirc

PROFILES OF ATHLETES WITH GREAT VALUES

JILL BOON AND THOMAS BRIELS, BELGIAN INTERNATIONALS, AND TERRANCE PIETERS, FROM THE NETHERLANDS ARE THREE MEMBERS OF THE **KOROK-DITA** TEAM. JILL, THOMAS AND TERRANCE ARE WILLING TO SHARE THEIR **VISION**, **PASSION, TALENT AND KNOWLEDGE.** THEY ARE "*FAMILY*". WITH THEM, THE **KOROK** AND **DITA** TEAMMATES HAVE CREATED A TRUE CONNECTION THROUGH THEIR COMMON AND MEANINGFUL PROJECTS. AS WITH **KOROK** - **DITA**, QUALITY IS MOST IMPORTANT. BUT THIS IS NOT ENOUGH FOR JILL, THOMAS AND TERRANCE: THEY ARE ALSO VERY MUCH SOCIALLY INVOLVED.

JILL a true social awareness

are fact : field hockey is a collective sport with men and women participating equally. With field hockey, gender equality is a reality! Jill has decided to share her time and follow the young generation of field hockey players. She offers them advice and great moments of sports with numerous training sessions. **100% women players.** With advertising campaigns like #GirlsOnly and #GirlPower, with **KOROK**, Jill helps to make womens field hockey more popular but she also helps to bring a high value to Women Sports (with capital letters). This state of mind is the same as #UnitedLadiesOfDecathlon from the ONEBLUETEAM.

Jill is also the creator and founder of the belgian association **Sport2be**, which **helps** underprivileged children to access sports. Jill brings field hockey to disabled people and disadvantaged cities areas. For Jill, sports is beautiful when it is **open** to everyone : there is a place for everyone on the field... Jill tries to help evolve opinions. Just like *#UnitedKidsOfDecathlon* from the **ONEBLUETEAM**. Social inclusion with sports for all children.

Illboon

-Runner-up at the European Champion.

-Over 302 caps for Belgium. -Captain of her national team during the London 2012 Olympics.

-First international field hockey to join the KOROK -**DITA** project.

OROY



-European Champion. -World Champion. ¬Runner-up at the Olympic Games. -Captain of the Belgian national team

Koan

THOMAS a strong and down to earth player

ust like Jill, Thomas is one of the **pioneers** of the **KOROK** team. As captain of a team that has become both European and World Champions and vice-champion at the 2016 Olympics in Rio, he certainly has the right values to be part of the project. Together with **KOROK**, Thomas wants to make hockey even bigger than it is today. He wants everyone to have the opportunity to practice this beautiful sport that he has been practicing for almost his whole life. He does this by closing new partnerships with players and clubs. Together with KOROK and the clubs, he thinks of ways to promote the brand and the club but also the sport. This summer he created a new key concept for hockey where he **brings together** hockey players from the local community. His enthusiasm is very infectious and he easily gets people on board. A true champion in everything he does.





TERRANCE a committed player

ii Down with racism!", wrote Terrance Pieters in a newspaper article. First field hockey player from a visible minority group to play in the Dutch men's squad. Terrance has been inspired by the actions against racism in sports organised by Memphis Depay and Denzel Dumfries. His interview breaks a taboo. Why should the colour of his skin change the way he practises sport? So why does he hear: "Cover that black!" or "Stop that black!" when he plays? Coming from his opponents. Or why do his teammates call him: "Negro"? For a long time, Terrance kept this problem away from him and even denied it -he admitted. From now on, he takes action **immediately** when the problem occurs. Why? To initiate a **real awareness**, even if he can't change everyone's opinion. We, Decathlon and the **ONEBLUETEAM** are his partners. We are one. We are united. We are humans and earthlings: **DECATHLON UNITED** is involved with this project with the campaign *#WeAreOne*.







 \bigcirc

A NEVER ENDING PASSI

Field hockey is a way of living. Fun, modern, easy to share : with great values, **KOROK**, the **DECATHLON** field hockey brand, puts together passionate teammates, at the highest level, men and women. **KOROK** is made by players for players, and is a true collective project, with new team players and new territories. A very lively brand, always on the move, innovative, **KOROK** offers an easy and quick start to beginners and offers experienced players a great deal of possibilities on the field.





Corok moved closer to a very famous brand in the same field: **DITA**. This brand was created in the **origins** of field hockey in 1896, it is a mythical brand, one of the first ones created in field hockey. With **a great reputation** for its products with a strong technical nature, its family spirit, its values of sharing and togetherness. **DITA** accepted the **collaboration** with the **KOROK** brand in 2019. Dita gets stronger with the **DECATHLON R&D** high research and development. **DITA** offers the **KOROK** brand a unique and rich experience. These two brands **complement** each other. One for innovation and originality, the other for its long history of trust within field hockey.



KOROK-DITA gets digital. Scorrd - the main field hockey platform: https://scorrd.com/feed - offers to everyone the secrets of KOROK-DITA. On the platform in one click, you can find news from all over the world, about field hockey, scores, technical information and news, interviews, players information and more.



øFun, modern,

easy to share



 \bigcirc

RESPECT, FAIR-PLAY, T©GETHERNESS, AUTHENTICITY



Respect

The rules, the opponents, the umpires, the audience, and nice traditions. Field hockey develops self control...

Fair-play

Always there in a field hockey game, which respects its tradition of English elegance for over150 years. A collective sport you share from one generation to another, with a great team and family spirit, a sport of solidarity and togetherness. Each one finds its own place and can play : it is played by teams with comprised of disabled players, mixed gender and intergenerational...

Togetherness Authenticity

Field hockey is a way of life. Players are passionate people. In many countries, field hockey remains a semi-professional sport, despite its high level of players and national teams. There are less financial stakes than in other sports.



REC[©]MMENDED EQUIPMENT



THE STICK

FORMERLY MADE OF WOOD (*ash tree, mulberry tree*), TODAY MOSTOFTHESTICKSARE MADE OF COMPOSITE MATÉRIALS (*glass fiber, carbonfibre and aramid fibre*)

THE HOCKEY STICK DISTINCTIVE FEATURE

Curved in the lower part, it has a flat side (*the one which hits the ball*) and a round part, which may never hit the ball. Its weight is between 500 and 600 grams. The weight is balanced differently according to each style of game. You need a great handling ability? Choose a light stick and a high balance point. You are looking for power? Choose a heavy stick and a low balance point.

THE STICK "EXPERT" KOROK: X-LOW BOW 95% CARBON

With 95% carbon and 5% aramid fiber, this stick (around 550g) is used by the great Belgian players, technical partners of the brand. It has been created by a team of product developers, with high level field hockey players, passionate people, players from the clubs which are our partners, our community of players, R&D **DECATHLON** specialists in composite materials and people who represent two of the main field hockey sticks factories.

CONTROL

Extra low bow for a 3D game (dimensions: to dribble high, to scoop...), more fun, with better technical qualities like agility and ball control.

BALL CONTROL

Great precision thanks to its materials.

LOWERING THE VIBRATIONS

The hardness of the carbon is smoothened by the PE-EVA foam under the grip.



Quilted grip in PU, smooth to touch, diameter of the handle 30mm (control).

DURABILITY

The union of 95% carbon and 5% aramid fiber for a better resistance.



KOROX





THE BALL

FORMERLY MADE OF LEATHER, WHEN PEOPLE PLAYED WITH A WOODEN STICK ON NATURAL GRASS, THE BALL IS MADE NOWADAYS WITH PLASTIC MATERIALS, MORE RESISTANT AND EFFICIENT.

PORTRAIT OF A FIELD HOCKEY BALL

A little bit bigger than a tennis ball and hard as a golf ball, the ball is sometimes hollow, sometimes solid plastic and sometimes with cork in the middle. It is dimpled for a better lift on synthetic fields and great control on wet fields.

The weight is between 156 and 163 grams, the diameter between 71,3 and 74,8 mm (*FIH norms*), its speed can be... 120-130 km/h!

THE Kork ball

A swith other products, it is the result of the work of a multidisciplinary team: passionate field hockey players from our sports community and partnership with clubs, and DECATHLON R&D and industrial plastic process specialists. With 160 grams and a 74,6 millimeters diameter, the KOROK ball is dimpled, and suitable for wet fields.



BALL CONTROL

Hollow PVC ball.

SPEED

Dimpled surface to control the course of the ball on wet fields



PROTECTIVE EQUIPMENT

THE SHIN PADS

he shin pads are made with a moulded plastic patch, with a thick foam part to stop impacts and shocks. It covers the malleolus, the patella and each side of the legs. It is very different from soccer shin pads, those are not at all suitable to play field hockey.



MOUTHGUARD, SHIN PADS, GLOVE: A GREAT SECURITY DURING A GAME OR PRACTISING, TO ENJOY PLAYING. PROTECTING YOURSELF IS ESSENTIAL AS BALLS CAN GET TO 120KM/H.

SELECTION **KOROK/ DITA** | DITA Children shin pads

PROTECTIVE EQUIPMENT

K-resin plastic shell and EVA foam on the front parts. Malleolus shells

EQUIPMENT

Front leg shells and malleolus shells.

WIDE OPEN

Rubber band with a velcro grip, non asymmetric.

THE MOUTH-

The mouthguard protects teeth and gums even when the mouth is open. It has a specific and essential area to breathe properly when the mouth is closed or open. Our models can be used for people with dental braces.



SELECTION KOROK/ DITA

Korok mouthguard medium intensity for adults FH500

OPTIMAL COVER

Optimal teeth and gum cover

ADJUSTABLE TO ANY BODY TYPE

Thermoformable materials. Preshaped lower part.

EASE TO BREATH

Breathable space 2 mm under incisors.



The glove has to protect each hand and all fingers from the impacts and shocks of the ball and the sticks, players mostly wear a glove on the left hand. The left hand is very much at risk in a game through block tackling, that is why its protection is a priority. There are also gloves for the right hand, for players who need full protection.

DITA glove is a great shield for the phalanges and the back of your hand. Double foam coat and moulded polypropylene patches. Large opening on the palm area for an optimal grip of the stick. Neoprene wrist with velcro for a strong support and comfort.

SELECTION **KOROK/ DITA**

DITA glove



GRIP

Open area on the palm, material with a great grip inside the fingers.

LIGHTNESS

Light elements.

BREATHABLE

Synthetic materials.



 \bigcirc

RULES FOR A GREAT SHOW

FIELD HOCKEY IS A SPECTACULAR SPORT, WITH A TECHNICAL NATURE AND FAST PACE, THANKS TO THE EVOLUTION OF ITS RULES.

field players in each team... players can get in and out of the game as needed ! Unlike other sports, when a player gets out of the field they can get back in as many times as needed. This rule is often used to allow 5 to 6 minutes rotations, the player can get off the pitch to rest and get back in the game when ready.

A fter a foul or the ball leaves play, or if the game is stopped and the ball cannot be played, a popular action is to perform an aerial. They will throw the ball high enough -not to be dangerous for other players- to get to the otherside of the field. A technical shot that offers a spectacular style to the game.

ield hockey games (as it is played today) **have become faster thanks to a specific rule:** *"self-pass"*. After a foul or the ball leaves play, the player can go quickly with the ball, all alone: they can take a pass to *"themself"*. In conclusion: a quick gameplay. A specific and an exciting action in a game: **the penalty corner**. When a fault is made in the circle, the attacking team has to go to the backline, 10 meters from the goal. A playerpasses the ball to one of theirteammates outside the circle. This player will shoot or play the ball with their teammates as they have a great forward position, in the circle area while four defenders and the goalkeeper from the other team try to stop them!











AT A GLANCE

4 basic rules to understand Field hockey: simple, efficient, visual...

» **11** against **11** (10 field players and 1 in goal)

» Each game lasts 40 to 70 minutes depending on age groups (4 x 15 minutes for international games)

» Use only the flat part of the stick to play

» Any part of the body above the knees for outfielders can be considered dangerous





ield specific features :

- » 91,40 meters long55 meters wide.
- » Smaller than a soccer goal, bigger than in handball.
- » Normally synthetic turf, short and well watered (the ball runs truer).
- » Specific part : the circle.
- » Half-circle of 16 m radius in front of the goal.
- » To score the attacking team must touch the ball inside the circle before hand with the flat side of their stick



KOROX

— Stay Tuned —